

KATA

SHOTOKAN KARATE

TAIKYOKU KATA

*Taikyoku shodan
nidan
sandan*

HEIAN KATA

*Heian Shodan
Nidan
Sandan
Yondan
Godan
Tekki Shodan*

SENTEI KATA - do 1. Danu

*Bassai Dai
Jion
Empi
Kanku Dai
Hangetsu*

KATA STV DAN

*Tekki Nidan
Sochin
Chinte
Nijushiho
Gankaku
Jitte*

PŘÍDAVNÁ KATA STV DAN

*Tekki Sandan
Jiin
Kanku Sho
Bassai Sho*

*Meikyo
Wankan
Unsu
Gojushiho Dai
Gojushiho Sho*